

General

Russian scientists are among the first to have created an instrument that automatically and without the human influence can communicate with the cells through frequencies that control the function of the cells. By this means, defects in the organs can be corrected by using frequencies stored in the computer. The first instruments were developed for scientific use and were based on the fact that the whole body is a big communication system that can react upon external electromagnetic radiation.

The Introspect instrument is a continuation of the scientific version to be used for more general means. It is made to be connected to a PC and contains sophisticated software and connects to the body without body contact. Introspect contains the following features:

- a) Makes a quick analyse of the different organs to evaluate the health status and the function of the organ.
- b) Compare the result from this analyse with information stored in a large database containing information about healthy organs from men and women of different ages.
- c) Makes an evaluation about which action to be taken to avoid an unhealthy situation. Correct energetic unbalances.
- d) Tests how different medications will affect the body. Recommend different medications specific for the person tested.
- e) Measure the effect of therapy and/or medication
- f) The aim of this instrument is to be a complement to other methods and therapies, not to replace them. It is an advantage if the user of Introspect is a medical educated person who has passed the training offered by MR AB or distributors supporting Introspect.

This manual contains practical advice which I normally lecture about at the training seminars. The Manual is here to be a complement to other Manuals and program guides from the supplier.

Huddinge – Sweden, September 2004.

Boris Aranovich

Background.

The development of Introspect has been done by Russian scientists to be a help to support the body's capacity of self healing, homeostasis. The basis is the bio chemical energy fields, well known since many years back by the Chinese culture and of the medical science of Ayurveda. This knowledge has been used in modern times by several scientists. The Russians are among those who have studied the electromagnetic radiations all influence on living organisms. Let us see what has been done by other important scientists in energetic medicine.

The genius in electronics Nikola Tesla (1856 – 1943) has created the foundation for the non linear quantic generator that is used in Introspect. His work was continued by the Frenchman J. Lakhovsky who studied the influence from radio frequencies on animals and plants. The American scientist R. Rife did measure the influence of electromagnetical frequencies on the human bio field. Around 1950 R. Foll in Germany developed methods to measure the acupuncture points. He measured the electrical potential of biologically active points to reflect the state of the organ.

Foll's method gave sometimes inexact measurements and later development has given more exact results. One of these methods is the non linear analyse method called NLS, which is used in Introspect. Here the resonance frequency is measured through resonance amplification that measures in several dimensions and is combined with entropy measurements. Potential illnesses can be detected before symptoms appear. It is also possible to test the reaction of different medications on the human body.

One of the more well known instruments is the MoRa which uses inverted electrical signals in the therapy. This method was developed by Dr F. Morell together with E. Rachtel, electronic engineer, in 1970. The therapy was used to restore the function of the cells. The META-therapy used in Introspect is an improved and refined version of the well known MoRa-therapy.

Finally, the British Professor S. Smith at the Manchester University did show that water has a memory inside its structure. This fact is used in Introspect to store frequencies

in water, reprinter function. With this function a "print of the frequencies" therapy can be stored in e.g. water and given to the patient. The instrument will choose the correct frequencies for the person treated to help the body to heal without any side effects.

The Introspect instrument is one of the latest using revolutionary methods to help humans to heal.

Contents of Introspect instrument.

The delivery contains:

- An electronic interface box measuring 255 x 180 x 65 mm, weight 2,8 kg to be connected to 220 V, 50 Hz, via an external power supply adapter. Power consumption 20 W.
- A CD with software
- An infrared scanner with table support
- Magnetic pick-ups mounted in a headphone
- A resonance chamber (pot) for remedy preparations
- Connecting cable from interface box to PC
- Manual

The instrument is connected to a PC equipped with Windows 98 or later Windows versions. The PC shall have a standard RS232 interface. The program needs at least 18 MB free space on the hard drive.

The instrument tests one person at a time and the registration of the patient takes max. 5 minutes. The test, analyse and treatment takes between 30 minutes to 2,5 hours depending of the number of organs investigated.

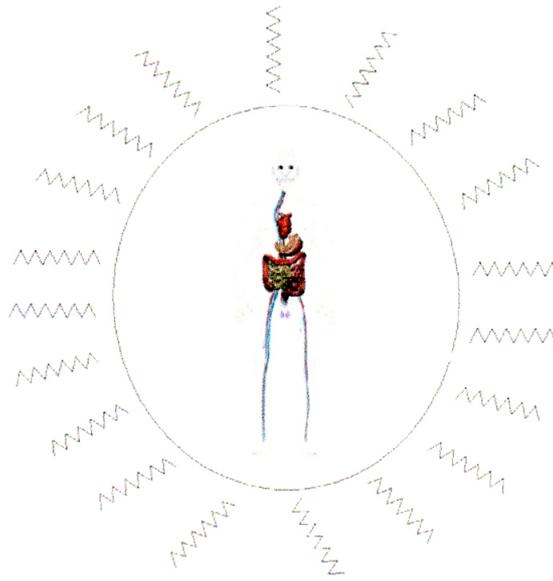
The organs under test are displayed on the PC screen and the results are stored in the hard drive. In this way the patient's progress may be followed with every visit. The result can be printed or stored.

The software is continuously improved and updates sent to the users.

The human information structure.

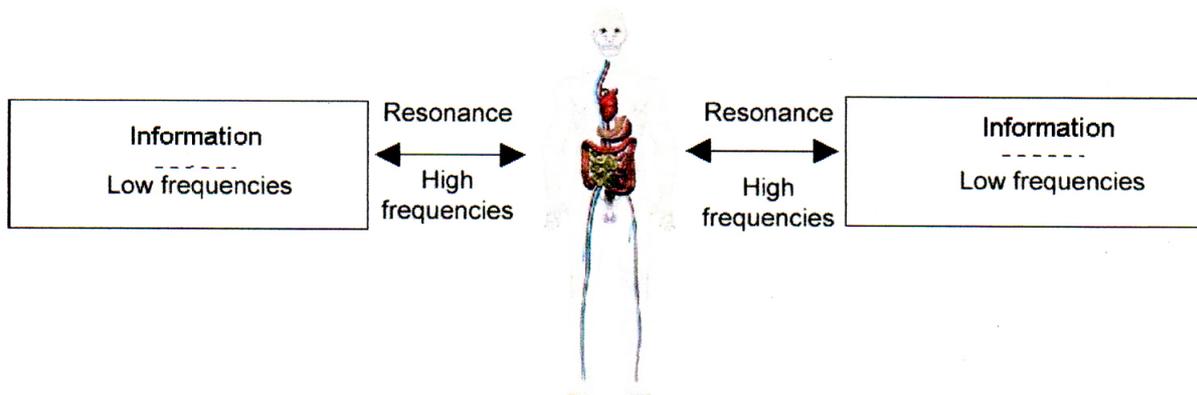
Every object in the universe has its own structure including that of the human race.

One can say that the information structure is most important, and that the human body is dependent on the electromagnetic steering of the structure. Every cell in the human body radiates a weak electromagnetic sphere.



This radiation contains information about how the cells work, which depends on how they communicate with each other. The completely healthy beings cells communicate perfectly with each other.

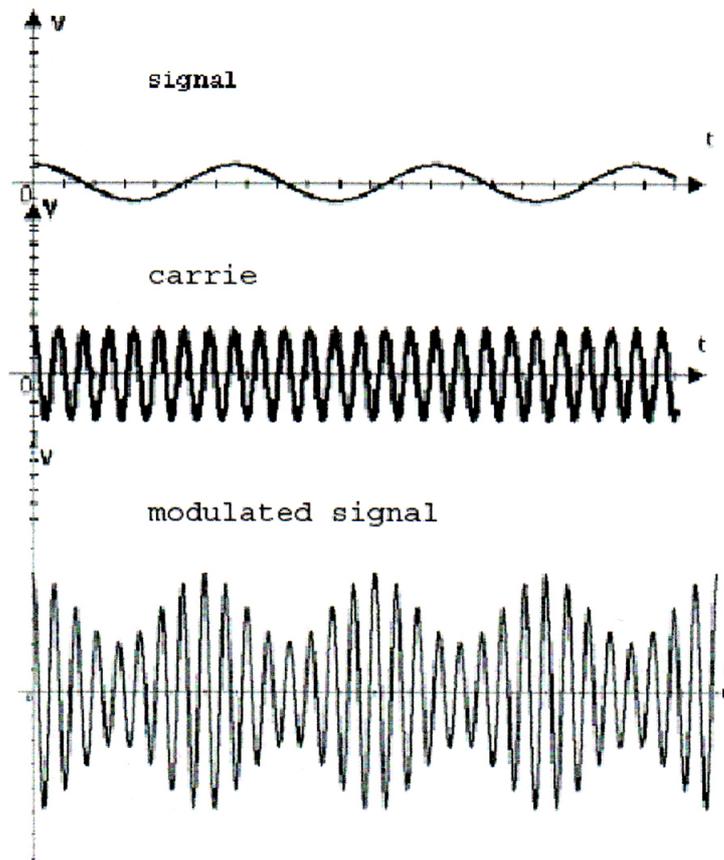
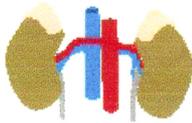
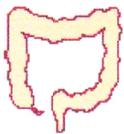
Every human being radiates from all around their bodies an electromagnetic radiation, this contains information just like the ordinary radio, TV or any other technique technical apparatus which emits information bearing waves with rather high frequencies whilst the information itself has lower frequencies. All the organs in the human body have their own information frequency, which are well known, these are measured and stored in the data base. This information in the data base is an integrated part of Introspect function.



When cells and organs communicate they tune in to the same frequency and are in resonance, the same way as a radio receiver tunes in to the transmitter. The resonance frequency is therefore, the carrier of information. The body's cells and organs emit a low frequency usually between 1 – 10 Hz. This low frequency modulates in this way the frequency barer which gives out a signal. The diagram shows normal values for some organs, the values varying according to age and sex.

The first stage of ill health is a disruption of the resonance between the cells and between the different organs of the body. An illness which is more or less severe can arise in this case when the communication is drastically disrupted or broken. All living organisms are dependent on a well function internal and external communication! Quantic medicine teaches us that we are creatures of communication.

The cells can instinctively sense information amongst themselves the same way as a healer works intuitively. Introspect senses and stores infor-



mation more exactly and can therefore influence the cells and restore their function in a similar way to a healer.

Structural disturbances.

Which deformations can affect the information frequencies? Why do they appear?

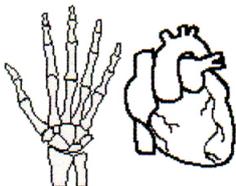
Organ frequencies - some examples

1.8
Hz



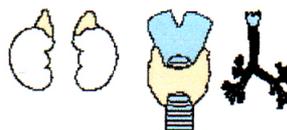
Bone tissue

2.6



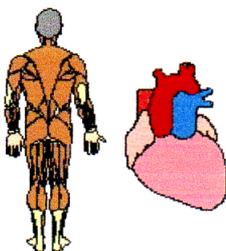
Coarse tissue,
joints,
heart valves

6.6



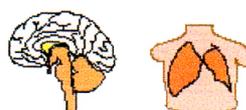
Adrenal glands,
thyroid,
bronchi

2.6 -
3.4



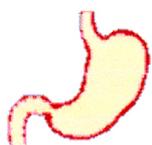
Muscles,
heart muscle

7.4



Nerves system,
lungs

3.4



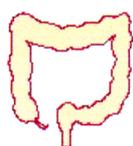
Smooth muscles

8.2
Hz



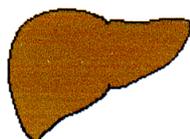
Vision

4.2



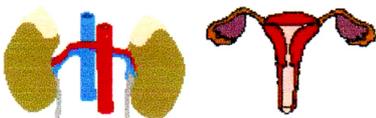
Digestive system

4.9



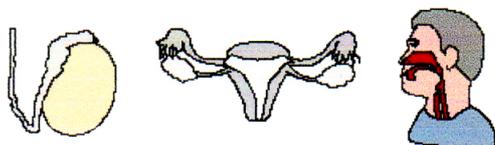
Liver, gall bladder

4.9 -
5.8



Kidneys and sexual
organs

5.8



Prostate, ovaries and upper part of
reperatory system

Our own thoughts which interfere with information frequency and we influence our own organs when we come in resonance with them. But how do we come in resonance with our body? Of course with the aid of emotions.

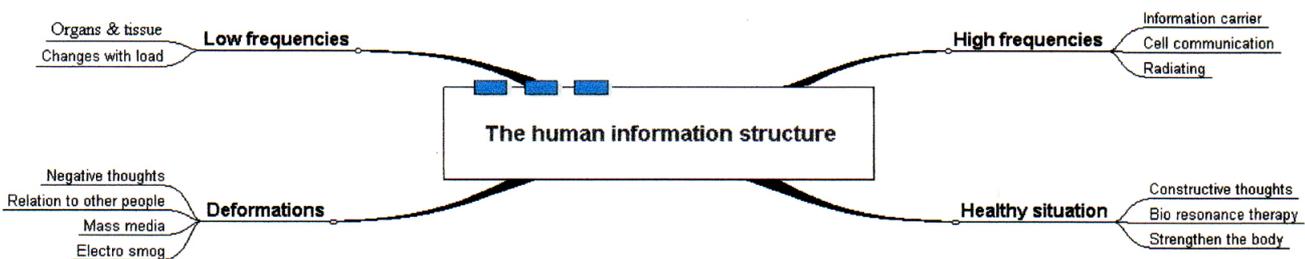
For example if I am worried about my stomach and worry about it often enough, eventually I will damage the mucous membrane in the stomach lining. Worries are feelings and even information at the same time. If they persist over a longer period of time they can lead to illness. Negative thoughts about yourself and your body create strong feelings. That is why when thoughts become enhanced with fear has a negative influence on our structure and they subconsciously come in resonance with the body's organ, and problems arise. It is most important that everyone realises and is conscious of this fact. The biggest influence on our health is our own thoughts, they can deform our information structure.

Relationships and communications with others is also information of course. If you are in a conflict with others that creates information which harms you.

The media is another source of disturbance. There the information is not always positive and, to the contrary is published in such way to frighten and create fear.

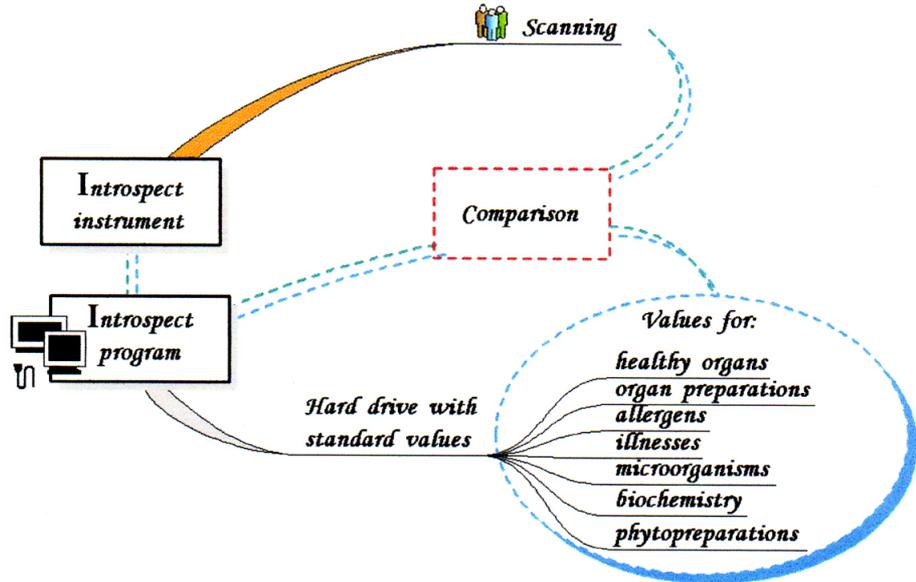
We are bombarded the whole time in our modern society of massive electric magnetic radiation either we wish it or not. It is most important that we strengthen us against **technological frequencies**.

Why are the old and young affected? Because they have a weak structure! If the contact between the cells are stronger the better one copes. Introspect instrument is one way to do just this. It is then possible to find and repair deformations in the structural information.



How Introspect reads information.

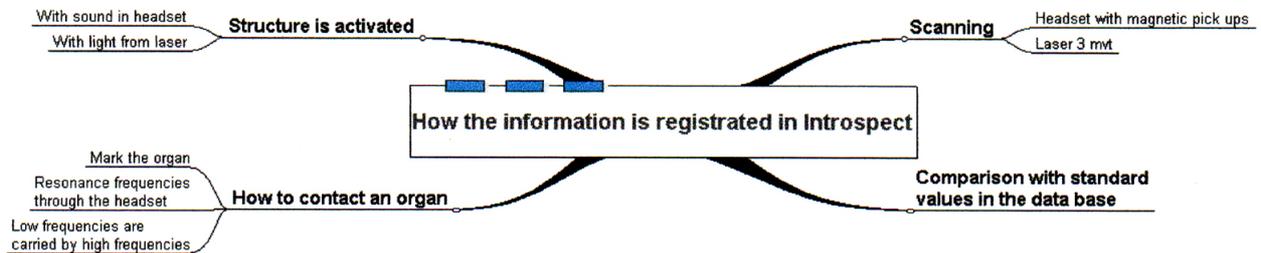
The patient is given head-phones to put on, after which a laser beam is aimed at the forehead. The sound in the head-phones is of high carrier frequency which then modulates with the low frequencies of just the organ one wishes to scan. The lasers function is to activate the structure of the organ it scans, not in any way to carry information to the patient.



One ticks the program of the organ one wishes to come in contact with for example liver, left knee or right kidney. Frequencies from the head-phones will be sent to the chosen organ. In this way resonance arises with just these organs and not with anything else.

The function of the organ is then read off by the head-phones. Then the different frequencies for each organ are registered in the computer. The status of the organ is then compared with normal values. These normal values depend on the patient's age and sex, scientifically called *Etalons*.

It is possible to study in more detail if one notices that the organ is unhealthy. In the first place it is possible to see if the structure is influenced and if this affects the organs function. Even frequencies from different illnesses, micro organisms and allergy producing substances are registered in the data base. It is then possible to make a more detailed diagnose.



Structure and function

It is important to understand the two conceptions structure and function. We can compare it with a productive firm where all the fellow-workers must co-operate to attain a good result, by communicating with each other.

In the first place there must be organisation surroundings all the fellow workers. This is *a structure* and the more organised the firm is, the stronger the structure is and the better the chances of the end product being good.

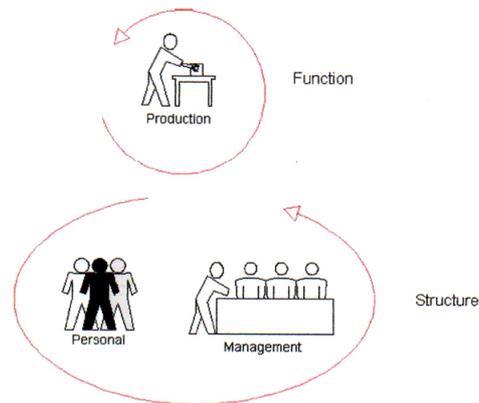
But if the firm is going to succeed there must be a manufacturing department. This is *the function*, which can work more or less effective.

There is no normal ideal structural appearance for the human body. In fact we are all completely different individuals with completely different structures. However it is important that function and structure are coordinated. As with the example about the firm the body works also effectively if the structure (organisation) follows the function (production).

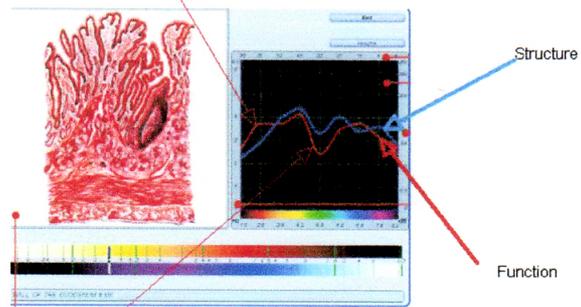
Introspect instrument indicates organ function frequency with a red curve and structural frequency with a blue curve.

The human body is in balance when the two curves follow each other. A problem is indicated when there is a too big distance between the curves. Introspect instrument is most fascinating in that one can in fact see the condition of a structure. The blue curve shows how the organ communicates with the whole body, and with which other organ or body structure there can be a conflict with. The organ works poorly when there is chaos in the organs communication because there is poor communication with the rest of the body.

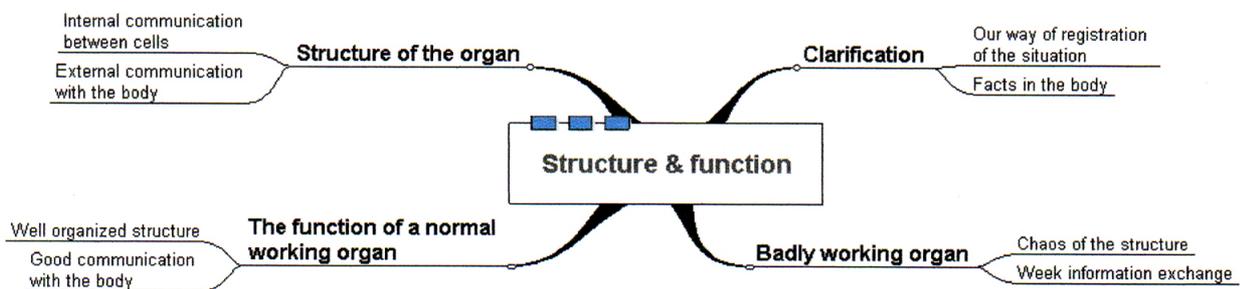
We must first organise the inner and the outer communication through the structure, if we are definitely going to get rid of a problem and help our fellow beings. Precisely in the same way as every thing else in the universe it has both an inner and an outer problem. What one must do is organise the structure and "Metaterapi" which can be chosen from the program can help with that. It is up to the therapist to point out that a person must change their way of thinking and their life-style. The therapist can point out the problem, but then it is up to the patient to change his or her way of thinking, but to change their way of thinking is not always so easy.



Over production towards fibrous tissue
(mucus is replaced by fibrous tissue)



Under function towards liver and
gall bladder



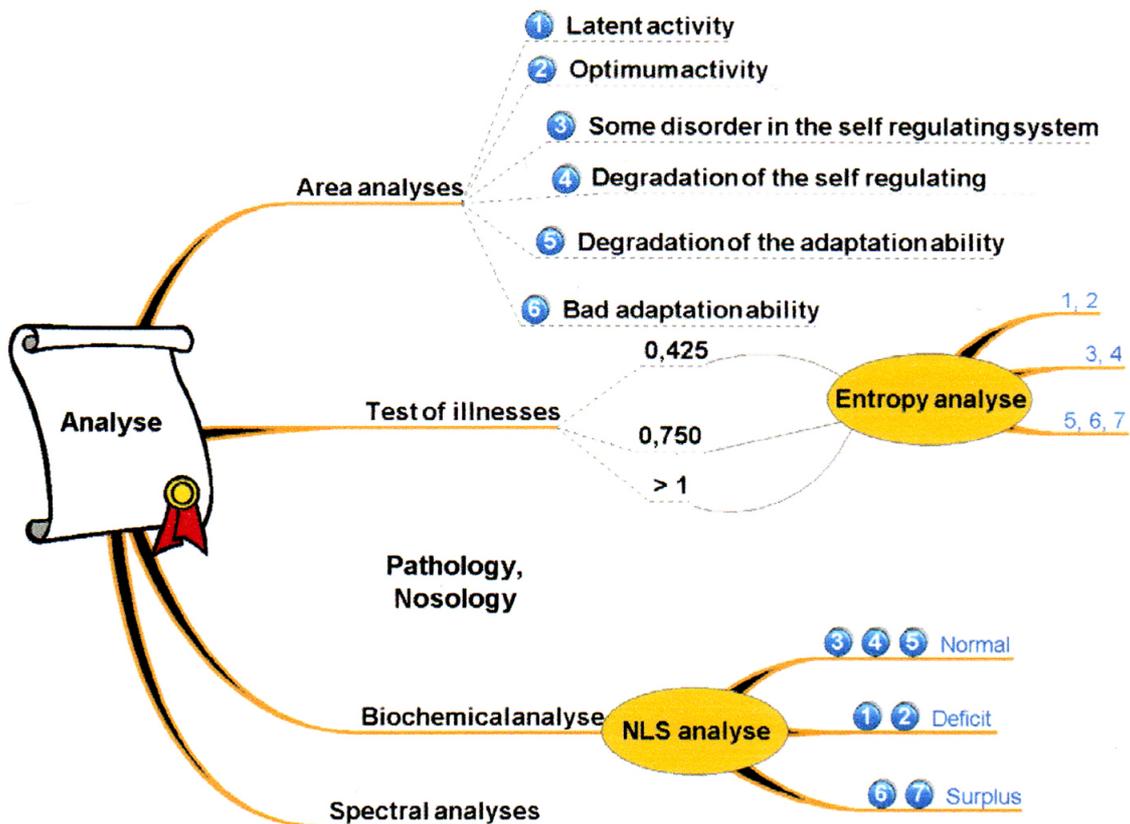
Analysis

After the examination, the results can be seen immediately on the computer screen. A comparison has been made from information in the data base, with a normal organs activity. One can go into more detail in different ways. I can help you with case assessment by giving you a brief description of the four main analyses. For a detailed description of how the program works refer to the Introspect program information.

1. Topisc analysis
2. Test of different illnesses including entropy analyse
3. Biochemical analysis with NLS analysis
4. Spectral analysis

In order to assess a persons status one needs to test several organs and analyse the result in all the four different ways. This means an extensive material which must be processed by a knowledgeable therapist or doctor. The examination is more thorough and extensive than that which is normally given when one is ill. The method can unveil a state of ill health before the appearance of noticeable symptoms and can therefore be used preventive.

Here are descriptions of the four different ways of analysis to aid the therapist assessment of the result and then choose a suitable therapy.



1. Topisk analyse

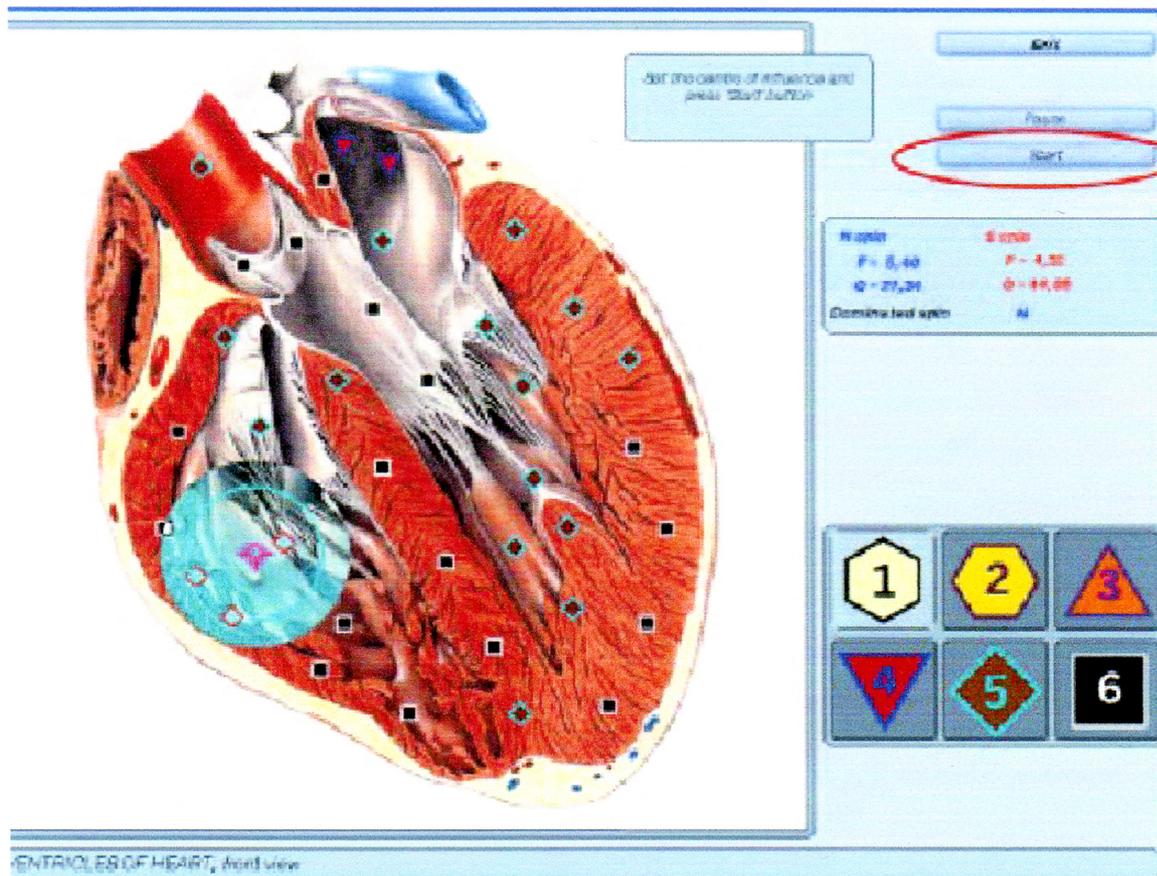
Topisk analysis is a medical term for a first oversight analysis which shows how strained an organ is. Introspect instrument shows up an organ on the computer screen and indicates how strained the organ is with symbols numbered 1 to 6.

1. Light yellow six cornered symbol indicates latent activity. Either the organ has not yet begun or it has completed its activity. This can be quite natural, for example, when scanning a young girls ovaries, they are still undeveloped, and the activity latent. When doing a comparative scanning of an older woman the ovaries indicate completed activity.
2. The dark yellow six cornered symbol indicates that the organ works at optimal frequency.
3. The red triangle with the point upwards indicates that the organ has started to be under strain and exposed to a little pressure when it works.
4. The red triangle pointing downwards is the next step and the part of the organ is forced to exert itself even

more to work efficiently.

5. The green square in a diagonal position indicates that the organ is already under pressure, the body's ability to adapt is diminished.
6. The black square indicates the ability of the organ to adapt is poor. When the body is under some sort of pressure the organ can temporarily indicate poor results without organ function is being reduced.

Before going on into more detail about how to translate the symbols, I would like to describe the remaining analysis.



2. Test for illness and entropy analysis.

To complete Introspect analysis information is required from both the topiska and entropy analysis of the organs. Entropy analysis shows figures from 1 – 7, and a low result indicates more structural order and a high result vice versa.

Entropy 1 indicates the correct order, when this rises to entropy 2 it indicates that the process has begun. Entropy 3 indicates that the process only continues and entropy 4 is on its way to give a bigger structural disorder. At entropy 5 there is more chaos which increases and finally stabilizes at entropy 6 or entropy 7.

The spectral likeness shows different values for different illnesses, it is important to connect together the entropy values and not only to look at figures from spectral analysis.

Spectral likeness shows how close one is to the etalon – or the normal value – found in the data base program. A lower value of spectral likeness is closer to the disease. A lower values than 0.425 indicates that one has a spectrum which a likens that of illness. A value between 0.425 and 0.750 indicates a less likelihood of illness even though there is still a possibility of illness. A value between 0.750 and 1 indicates a less likelihood of the illness. Illness can not how ever be ruled out because it also depends upon entropy results.

A value of 1 on the spectral likeness indicates a low likelihood that there is a problem, but one must look at the entropy results. The organ is on its way to rehabilitation at entropy of 4 – spectral likeness is good, because the body is on its way to rehabilitation but the structure is still unorganised.

3. Biochemical analysis with help of NLS.

The non linear analysis system NLS makes it possible to perform a biochemical analysis. In this way it can check the biochemical components in every organ. It is, however, necessary to have knowledge about biochemistry to be able to understand the condition. For example it is possible to measure the number of erythrocytes (red blood cells) leucocytes and lymphocytes (white blood cells) thrombocytes (blood platelets) mutoerythrocytes and oxygen take-up.

A biochemical analysis can be done on the blood in the same way as it is done on the organs. For example, one can press the button for erythrocytes. If the entropies value indicated is 1 or 2 there is a deficiency and if the value is 3, 4 or 5 it is normal. Whilst a value of 6 or 7 indicates a surplus.

4. Spectral analysis with help of two curves.

Spectral analysis indicates with which organ we have good or bad contact with, and if there is an over or under function. An under functioning organ is indicated if the red functional curve is under the blue structural curve.

The spectral analysis shows where between frequencies of 1,8 to 10 hertz they most differ. This means that an organ functions deficiently.

For example we can take a closer look at the livers two curves – the red functional curve and the blue structural curve. If one looks at the frequencies for connective tissue in the spectral analysis and finds that the functional curve is over the structural curve, one can come to the conclusion that there is an over function. It indicates that connective tissue can start to grow in the liver.

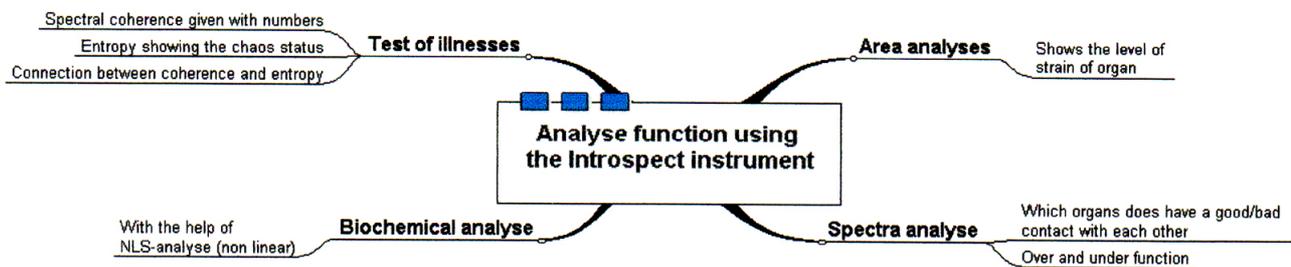
If one continues to look at the frequencies of the hormone system and finds that the red functional curve is very much under the blue structural curve, one can say that the liver has an under function in association with a hormone imbalance.

In this way it is possible to see how every organ communicates with the whole body. These spectral curves are very informative, and you should have them available so that both you and your patient can see the organs problem and with which system they have poor communication with.

Summary of the following analysis can be done with Introspect.

- Topical analysis with geometric symbols.
- Test to find illnesses with spectral analysis and entropy.
- Biochemical analysis with the help of NLS.
- Spectral analysis with help of two curves.

Interpretation of these different analysis demands that one understands the processes of illnesses and even know how the body copes with the pressure in the best way. Our human body is a completely self-regulating system which can cope with a large disturbance, interference and strain, but in the end there are limits to what even the human body can cope with.

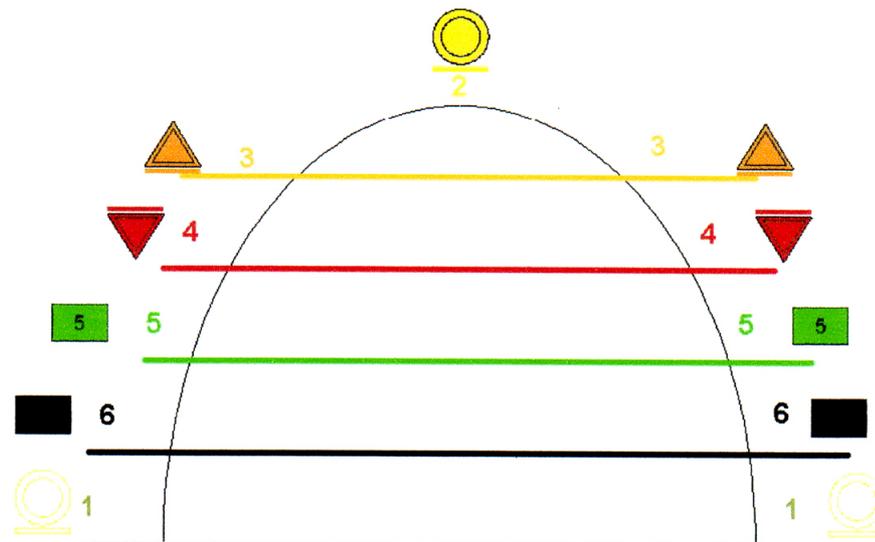


The interpretation of geometric symbols connection to entropy.

From the tropical analysis we arrive at symbols of 1 to 6, which indicates how much strain the organ is under on that occasion. This, however, is not enough to draw the conclusion that there is a serious illness. It depends on the entropy values. Remember low entropy indicates the organ is in order and a high entropy value indicates disorder or chaos. The different values for entropy can be described as followed.

- 1 = Normal
- 2 = The process has begun in the direction of disorder.
- 3 = The process continues.
- 4 = The process is on its way to be an even bigger disorder.
- 5 = There is now chaos.
- 6 = Or more, entails complete chaos.

Development of illnesses



1-2 - An illness may start



3 - Illness has started



4 - Illness continues



5 - The illness has stabilized



6-7 - The organ adaptation is worsened

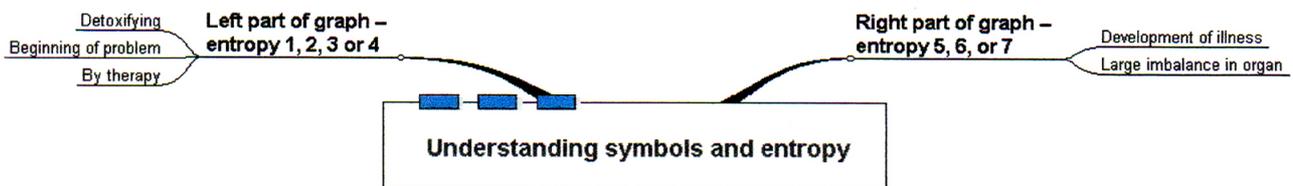


When testing an organ many black square symbol 6's may be seen, which can be frightening and lead you to think that you are ill. This does not have to be the case and even depends upon the entropy result. If the entropy shows low value, that's alright, because there is still structural order. The burden is temporary or you may be under treatment. The treatment especially with Metaterapin works better with the lower entropies where there is structural order, than with high entropy where there is chaos. Measurements under a period of lengthy treatment should show that the entropy in the organ decreases if the treatment is giving effect.

The diagram on the previous page attempts to compile the symbols and entropy. The interpretation of the symbols is dependent if one is on the right or left side of the curve.

On the left side where the entropy is low, there is rather good order in the structure, and the symbols indicate the grade in which the organ works to restore the organ to a healthier condition. The symbols 4 or 5 indicate really only that the organ is strained because it is under self rehabilitation. This can be the case with cleansing and other changes.

On the right side where the entropy is higher there is structural disorder and it can be serious. Symbols 4 or 5 indicate that even here the organ is strained because of structural chaos, and that on illness can develop later. Symbol 6 indicates that the organ is in a latent, resting state and fails to work more to restore order – other remedies must be taken.



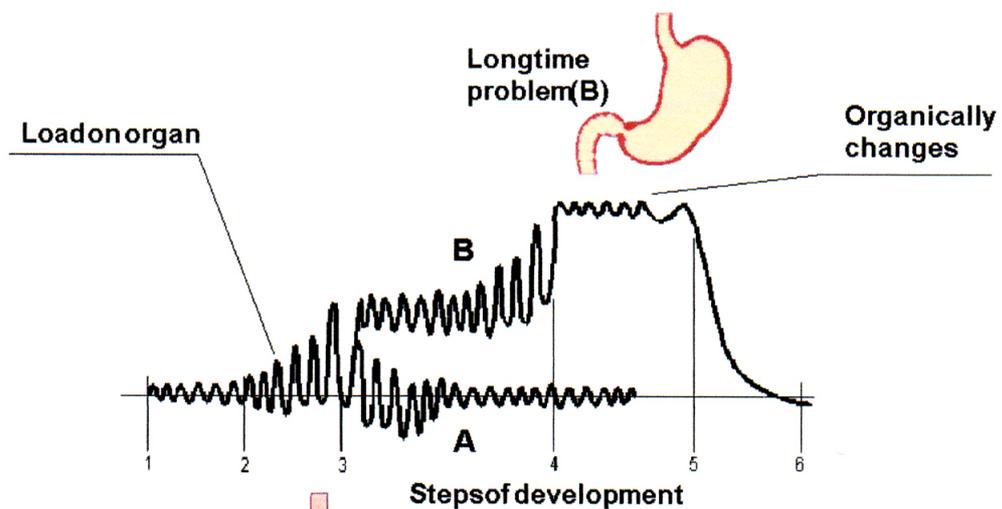
The bodies defence mechanism

In order to make a correct assessment of the scanning it is necessary to have knowledge of the bodies defence mechanism, in fact all therapists should have this knowledge. When the body is under strain it fights to get back to biochemical balance that is the condition of survival. For example the body temperature is raised in order to activate the immune system, one coughs to get rid of mucous, vomits out body poisons, and a tumour grows to stop cancer toxins from spreading.

People in general have the wrong idea. Usually one tries to get rid of the symptoms so that they get hidden. When, usually, a symptom arises in order to correct the body in some way. Therefore one should help the body, because it knows, most often best.

A concrete example of how the bodies defence mechanism works when under strain is: Presume you eat spicy food which irritates the stomachs mucous membrane. The frequencies change according to the diagram beside. Strain arises in the area 2 – 3. If your body structure is strong enough the problem will disappear. Curve A in the diagram shows that after just a little while the problem will disappear and the frequencies go back to normal again.

The process continues if you continue eating spicy food or if the body is strained. Remember that different kinds of stress affect the mucous membranes as well. Curve B shows what happens if the body is under prolonged



Steps

- | | |
|-----------|--|
| 1 - 2 | Normal function in tissue |
| 2 - 3 | Load |
| 3 - 4 (A) | End of load, return to normal |
| 3 - 4 (B) | Load continues |
| 4 - 5 (B) | Irritation from load must be interrupted through replacement |
| 5 - 6 (B) | Tissue degeneration |

strain. The body hurries to get rid of the irritations moment, which it must get rid of, at all costs. You want to get rid of the pain and the body wants to take away the irritation moment in the sensitive mucous membrane. This entails that the body builds less sensitive connective tissue instead of the sensitive mucous membrane. Your problem is solved when you no longer have pain. The normal frequencies are restored according to curve B 4 – 5. But to what price? There has now arisen organic alteration.

It is very important to explain this for the layman. The frequencies are back to normal again, but on another level. School medicine recons it to be a chronic problem, a normal condition, which can lead to less stomach acid, poorly broken down food-stuffs.....

Why doesn't **cancer** show up? The development of an illness is a dynamic process just like the spreading of cancer cells. What does the body do to stop the spreading of cancer cells — a tumour builds up. A tumour is the way the bodies protective mechanism works in order to stop the cancer cells from spreading. School medicine can find a tumour and see that there is cancer. A tumour becomes a normal condition for the body and is difficult, therefore, to detect with Introspect. There is no cancer frequency but it is possible to detect organic changes.

Even **diabetes** follows a dynamic process. The pancreas has had a period of reduced activity. It can not produce any more insulin if this continues over a 10 year period. Introspect cannot detect diabetes because the dynamic process has discontinued. Other problems however can be detected.

Sclerodermi – why does the body store collagen in the skin so that it gets hard and thickened? Because the aging body has a poorer structure, is weaker and finds it increasingly difficult to withhold strain. The body builds connective tissue therefore to protect itself. This is the reason why Introspect often indicates Sclerodermi in the older.

Another way the body protects itself is to build **fat**. Many aging people tend to put on weight. The body replaces tissue with fat, because of lack of energy the body must build up a reserve layer of fat.

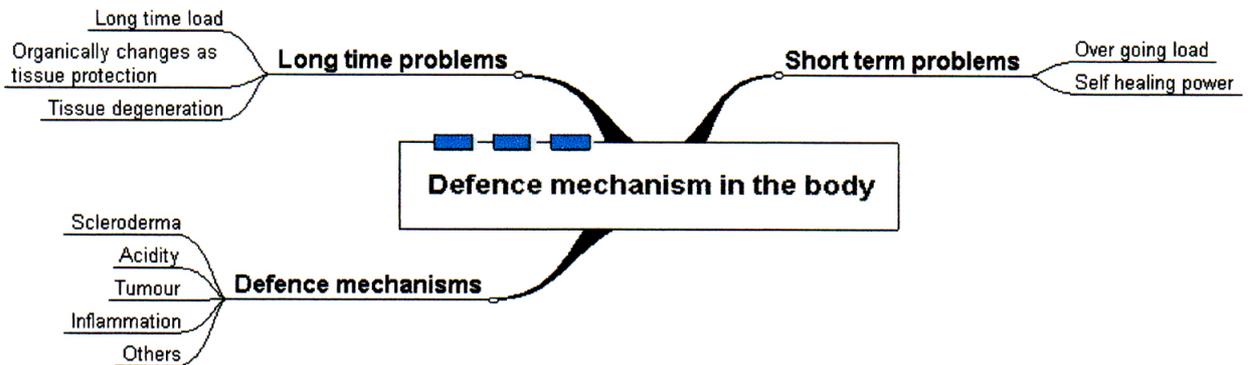
It is very important that the body has enough **hydrogen** (H⁺). They are essential to create cell balance. If hydrogen is missing the body manufactures them itself and becomes acidified in the process of trying to create balance. One should not give an alkaline, but should instead help the body. There is a reason why things happen in the body. It is more sensible to eat acid-producing food instead of alkali-producing food, one usually eats more alkali producing food. In Russia it has been shown and only in acute cases, can alkali producing substances be taken.

The inflammation process is also one of the body's defence-mechanisms. **Inflammation** itself is a fight, sometimes in several years, against micro organisms without visible results owing to the bodies' weakness.

One can say there are two main problems.

- ❖ Short-term problems the body can handle.
- ❖ Long term problems where the body activates different defence mechanisms, which in the end lead to organic changes. Entropy has in this case increased markedly, and different therapies are necessary to restore order. Meta therapy can improve the human body, but in the case of chronic problems it may take several years and generally people cannot wait that long – they want an immediate result.

We will now look at different cases and curves to show the way illnesses develop.



Illness curves.

In spectral analysis we get curves which show entropy (0 – 7) at different frequencies (1,6 – 8,2 Hz) for both the structure (blue curve) and function (red curve). In health both curves follow each other over the whole spectrum. Where as a large difference indicates disturbance in the bodies communication system – an illness.

There are different curve variations and the diagrams on the next page show some cases. We start first with the development of an acute process (a). The amplitude is here of low-frequencies within the lower interval 2 to 3, but at high frequencies there is a big difference between the curves. The process always begins when there is a reduction in the function and a weaker organ when under strain. The organ will then develop micro-organisms, parasites and different spores etc. One can see in the diagram that at frequencies over 4 Hz communications is interrupted with other organs and systems.

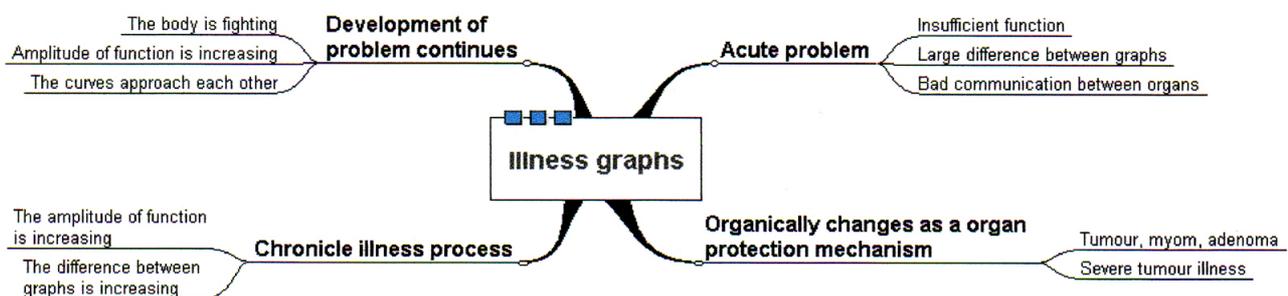
As with our example of the stomach strain which can cause a stomach ulcer. The development of a stomach ulcer is dependent on how the nervous system works. The vagus nerve is overactive which leads to a higher production of stomach juices. From the diagram one can see that the stomachs function is reduced towards the nervous system.

If the body cannot be rid of the acute problem it only increases according to curve 8b). The body must then take the problem seriously and make a bigger effort, with more effort to put the body in order. The amplitude has risen from 2 – 3 to 3 – 4 and the red functional curve nears the blue structural curve, and hopefully the body manages the crisis and the values return to normal.

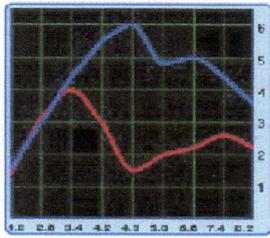
If this does not happen there is a risk of the condition becoming chronic (c). This entails that the red function curve, at some frequencies, will rise over structural curve and the amplitude rise against area 4 – 5.

If the problem remains the body has further defence mechanisms. It can build new tissue to replace the damaged tissue. The glandular tissue slowly builds new cells similar to the normal cells. It can build a now cancerous tumour, as so called adenoma, which if it does not spread, and the body is strong enough, can a permanent healing of the tumour occur. This is shown on the Introspect instrument when the functional curve is out of order (d) and is over that of the structural curve and amplitude has risen to 6.

Serious cancer demands that the body exert itself even more (e). There is a big distance between the functional and the structural curve. At the same time the function is out of order completely, so that its entropy value is over 6.



Example of illness graphs

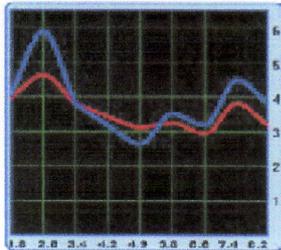


a.

Development process (acute)

Amplitude

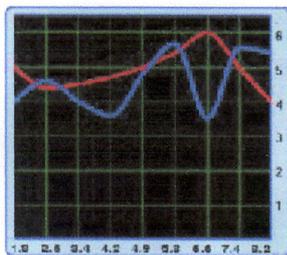
2 - 3



b.

The development continues

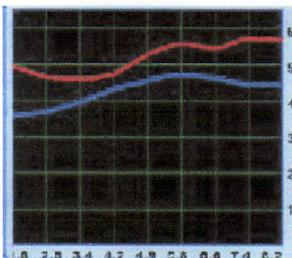
3 - 4



c.

Chronic process

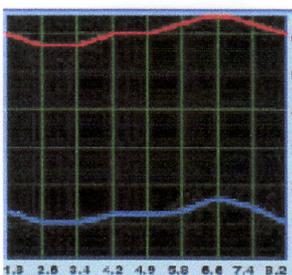
4 - 5



d.

Benign tumour (adenoma)

5 - 6



e.

Cancer

Over 6

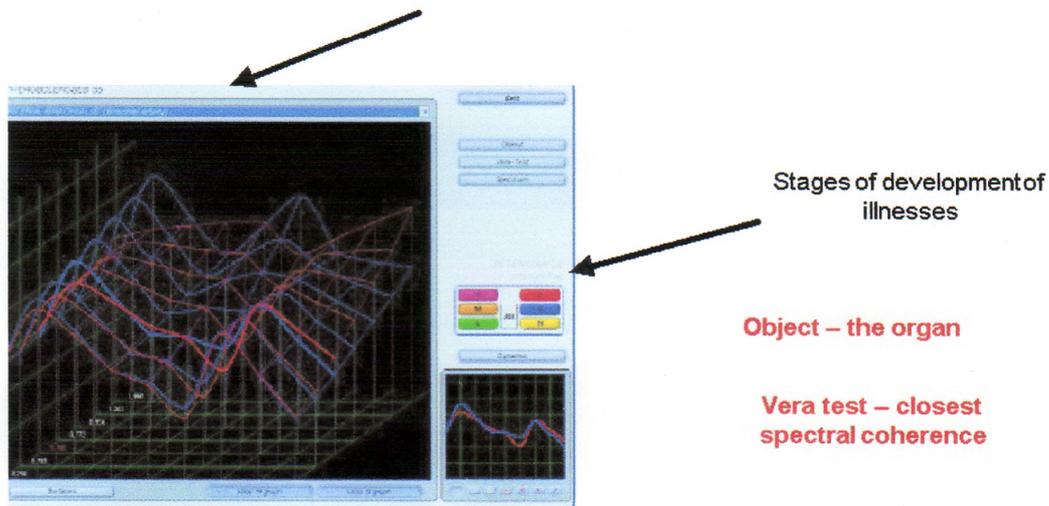
Tissue structure.

Not everyone is aware of or makes use of another possibility of Introspect system. - That of examination of the organs parts and of how the different medications affect them. One can examine the liver if the person says have a problem with it. Maybe it works well. If one continues the examination with measuring the lymphatic system one can find that entropy is abnormally high despite that the liver works well as a whole. It can involve that one then tries to find methods to improve the lymphatic system.

One chooses first the object one wishes to examine. The diagram besides shows which buttons to use in the program.

- O = Others. (Lilac)
- M = Joints and cartilage. (Orange)
- L = Lymph system (Green)
- A = Arteries (Red)
- V = Veins (Blue)
- N = Nerve system (Yellow)
- All= All tissue structures.

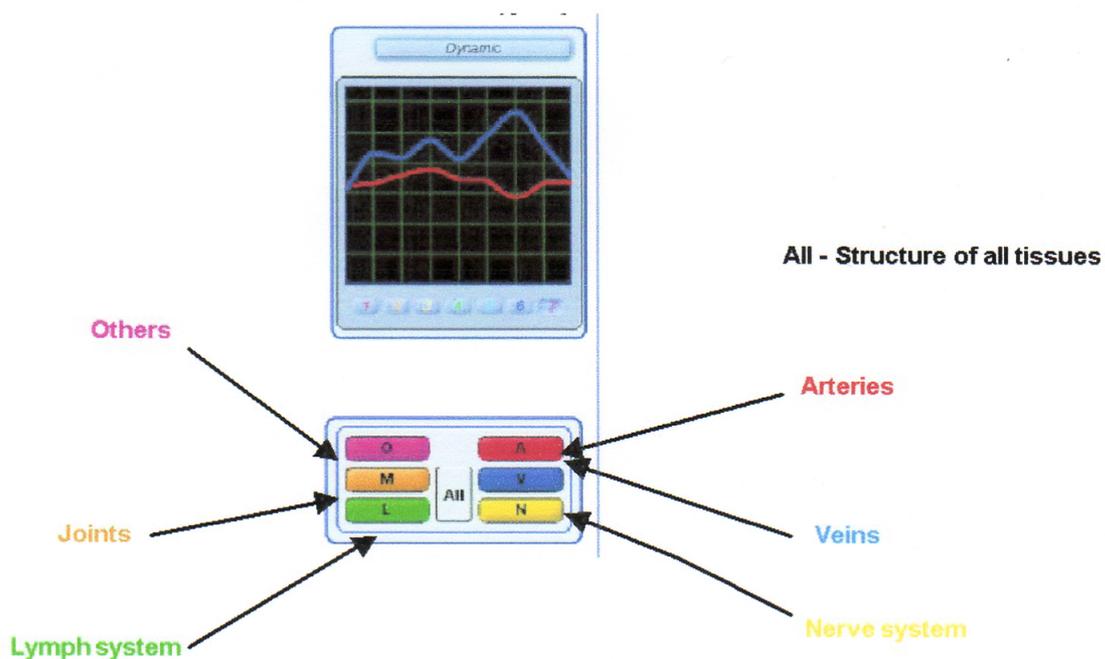
Organ preparation



Stages of development of illnesses

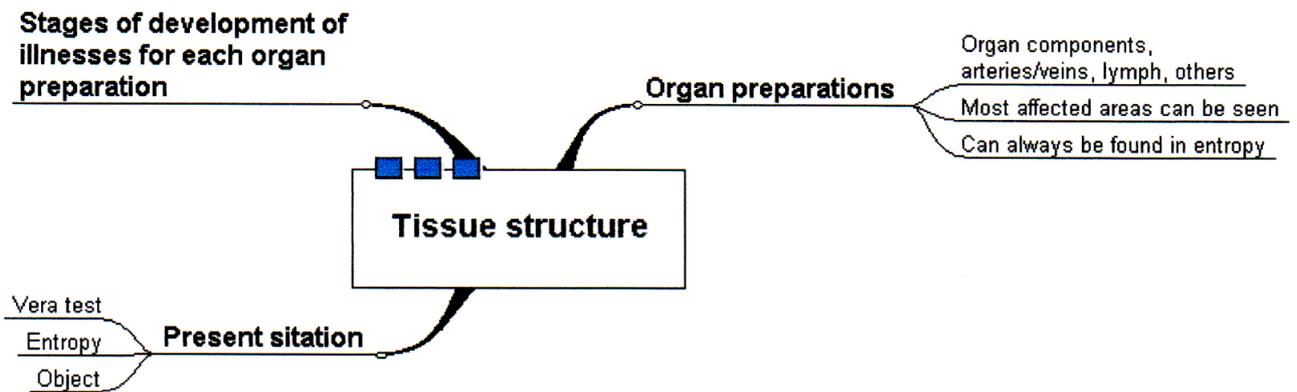
Object – the organ

Vera test – closest spectral coherence



Vera test.

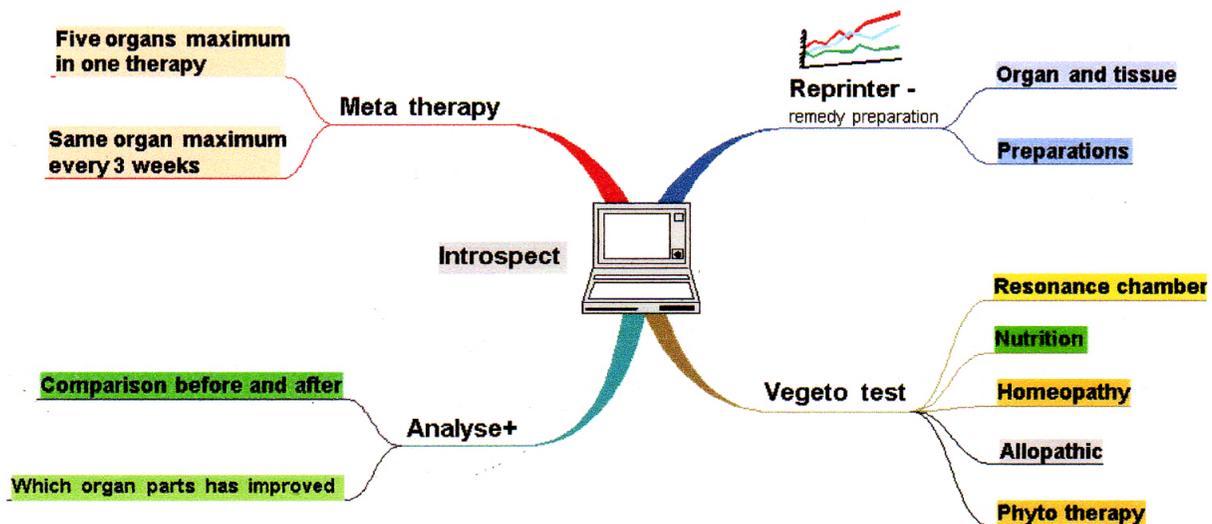
Lastly there is the Vera test, which shows just where one is, on what level of development the problem lies. The current stage can be seen if one presses the Vera test button.



Treatment possibilities.

It is possible to treat people with Introspect system in 3 different ways: *Metatherapy*, *Reprinter* and *Vegetotest*. After the treatment it is possible to *compare the result* with the result which was done before the treatment, and to immediately see the immediate effect of that treatment one has done.

Therapy with Introspect



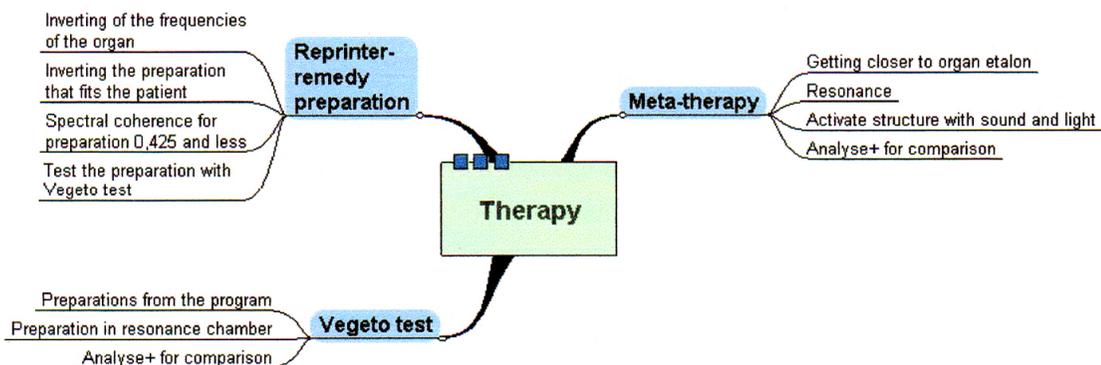
Meta therapy

The most usual treatment used to restore the organs frequencies is meta therapy. This is conducted by using the apparatuses hear-phone and laser. Using these, the structure is activated and comes in resonance with the organ to be treated. Then one sends the most optimal normal value frequencies collected from the data base. In this way one gets closest to the organs frequencies, the so called etalons.

It depends on how long one has had the problem just how receptive one is to Meta therapy. If the problem is relatively new, then it can be enough with one treatment – one can then treat 5 different organs at a time.

If the problem has existed for a longer period of time, then entropy in the organ is higher – more disorder, and it requires more than one treatment to regain order in the structure and frequencies. In this case it is recommended to treat one organ at a time, with a 3 weekly interval, to allow the body to correct the faults itself.

It is possible to use the Introspect instrument to follow the effect of the treatments and of the bodies own attempts to self-healing, as you see below.



Reprinter

The “Reprinter” function works also according to the bio resonance principle. A reprint is a “copy” made of the frequencies which are in the data base, specific to the organ one wishes to treat. One charges a fluid with this frequency reprint. The patient can then take in frequencies over several weeks. When fluid is charged the frequencies are inverted, therefore the opposite of the incorrect ones of which were measured in. In this way it is possible to get the organs function at frequencies nearer the structural frequencies.

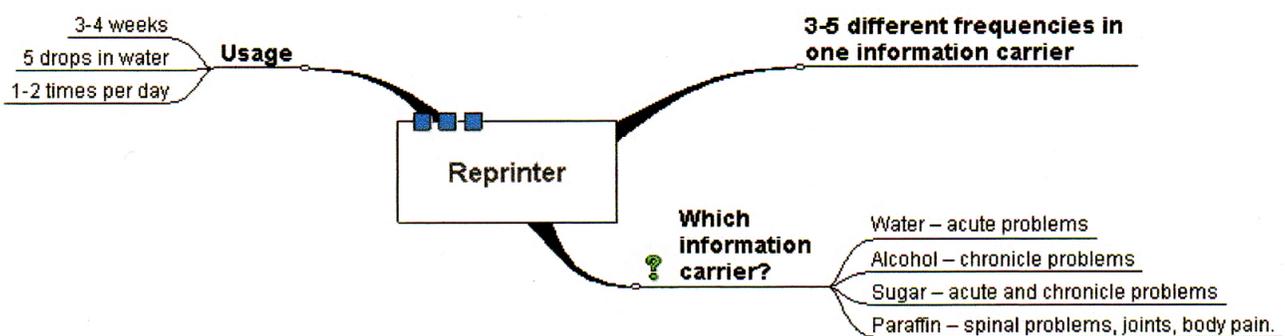
In order to do this one places a glass container in front of the scanner unit, and presses start. The program inverts the frequencies automatically and charges the fluid. The fluid which can be used as information carriers, are water, spirit or paraffin, because they are able to store and keep frequencies over a long time.

Another variation of the reprinter functional use is to send frequencies from different medications into the fluid. Contained in the data base are different frequencies for different food additives, homeopathic, phyto- and allopathic remedies all placed in inverted form. One sends them to the fluid in the same way as to the organ. In this way one is able to arrive at an individual solution for just that person.

It is possible to charge the liquid with up to five different frequencies at the time. The medications find the intended organ via resonance, which may be disturbed if more than five medications are used. The best is to have one container with fluid for every organ charged with only one frequency. If one then wishes to treat the heart, liver and kidneys the person can have three different containers, and the medication be taken when the organ is most active according to the Chinese acupuncture clock. It is, however, not always convenient for the person to take their medication just then, so is therefore necessary to charge all the frequencies in one container.

The body absorbs information from water or spirit over three to four weeks, and then the effect of it diminishes. 4 – 5 drops of the medication are taken in a half glass of water, in the morning before breakfast, for 4 weeks.

Water is usually used for acute problems and spirit for chronic problems. Paraffin is used for problems in the joints or back.



Vegeto test.

One of the most popular uses of the Introspect instrument is the vegeto test – the vegetative resonance test opens new conceivable ideas how different medication affect the human body. We know that the material world has frequencies just like human beings. These frequencies contain information – that information can be read by Introspect instrument. The frequencies from medication can, or cannot harmonise with a person. This follows the resonance principle. The nearer the medication frequencies are to ours the more effective they are. That is why it is important to choose food additives homeopathic and allopathic remedies, vitamins and herbs according to the resonance principle.

The Introspect vegeto test can be used to evaluate how a medication suits just that person's organ that there is a problem with. There are two ways to do this. Either by comparison of an existing medication in the data base, or to see how suitable a medication is one already has.

In the first case one chooses a medication which has a low spectral likeness, the lower the better (ex 0540 or 0350). Afterwards press "vegeto test" button and scan the organ with the chosen medication. After scanning, with the help of function "analysis+" it is possible to see how much the organ has changed if now the person was given this medication. The organ is better or worse! In which case one chooses the medication one has at home or can best get hold of.

In the second case one wishes to use a medication one happens to have already at home, in which case one uses the infrared laser to scan after resonance frequencies for that medication. One presses the button for the "Vegotest" and makes up a name for the medication which is to be scanned. Then one scans the organ in question. Thereafter effect can be analysed in the same way as the medication in the data base can be for its effect.

There are many therapists who get this apparatus just in order to find suitable medications for their patients and evaluate their effect.

Analysis of the result.

The absolute model.

One can use the *absolute model* when choosing from all the different medications stored in the data base like food additives, phyto homeopathic and allopathic remedies, and others which have already been scanned in to the data base. When one presses that button a point system shows which substance is best for the actual problem. Illnesses can be connected to each other, and one illness can lead to another.

The virtual model.

Virtual model is used in order to choose the best combination of several different medications. One starts marking with a dot the desired basic medication to see the spectral likeness. Then one chooses another medication to see if the spectral likeness increases or decreases. If the summery decreases the medications suit each other, other wise they do not. One can continue in this way to combine other medications for this person.

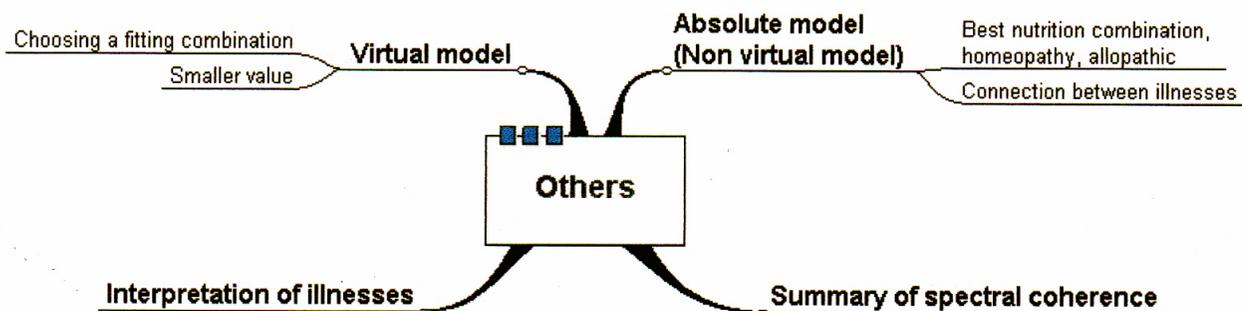
Interpretation of some illnesses.

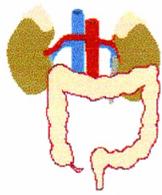
1. Obesity is shown when fat metabolism in an organ has deteriorated. It is not the visible fat but, fat metabolism.
2. Sclerodermi means that connective tissue has weakened different organs. This is common in the persons aging process.
3. Bronchial asthma is only indicated with an asthma attack, otherwise it shows as bronchitis.
4. Diabetes is not always indicated if the person is on insulin injections. Where as diabetes indicates if the persons blood sugar is only temporally raised.
5. Fibroma in the pancreas shows up sometimes in the age process.
6. Lipoma in milk glands can sometimes show in over-weight women without any non-malignant tumour or lipoma being present.
7. Hyper oestrogen– or too much oestrogen, in menstruating women.
8. Hepatitis. All problems to do with the liver, cell level are indicated under this heading.
9. Hydronephrosis – Kidney enlargement.
10. Arthrosis. Different kinds of arthrosis do not show up because their development is non dynamic.
11. Thrombophlebitis – vein inflammation can be indicated in veins where the blood is thicker.
12. Myomer of the intestines – these non cancerous tumours can sometimes be indicated, when there are only hard faeces in the large intestine.

What the spectral likeness number means.

On checking the organ medication. A spectral likeness of 0,425 or less is good. Values of over 1 are not good for medicine or herbs. Herbs, allopathic and homeopathic medications should have a value of 0,425 or less.

For dangerous substances however, the values are high. Therefore allergy producing – substances and micro organisms have values over 1.





0,425
~~~~~



0,750  
~~~~~



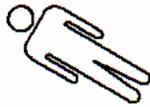
1,0
~~~~~



**Organ preparations**



0,425  
~~~~~



0,750
~~~~~



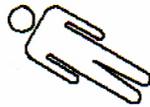
1,0  
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Allergens



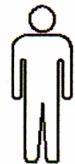
0,425
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0,750  
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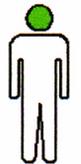
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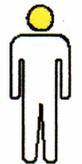
**Micro organism**



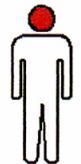
0,425  
~~~~~



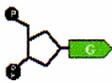
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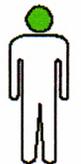
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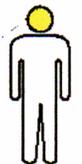
Phytotherapy



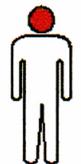
0,425
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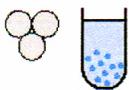
0,750  
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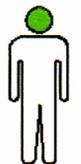
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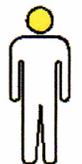
**Allopath**



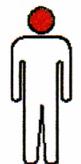
0,425  
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0,750
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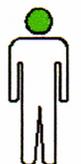
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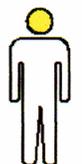
Homeopathy



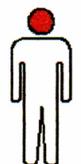
0,425
~~~~~



0,750  
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1,0
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**Nutrition**